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## Hemoglobin Physiology: Bohr Shift, pH, Cooperativity & Sickle Cell

Exam — Blood & Hemoglobin

High-school/Pre-med/IB questions on hemoglobin structure, oxygen binding cooperativity, Bohr shift ( $\text{CO}_2/\text{pH}$  effects), alkalosis/acidosis, fetal hemoglobin, and sickle cell basics.

30 items — Printable Exam

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1 Which statement about ADULT human hemoglobin (HbA) is correct?



- A HbA is a monomer with one heme group, similar to myoglobin.
- B HbA is a tetramer (2 2) with four heme groups, each able to bind one O<sub>2</sub>.
- C HbA is made of four identical subunits only.
- D HbA binds oxygen only after being transported into mitochondria.
- E HbA binds oxygen covalently and cannot release it in tissues.

2 A single hemoglobin molecule can carry a maximum of how many oxygen molecules?



- A 1
- B 2
- C 3
- D 4
- E 8

3 Oxygen binds to iron in heme when the iron is in which oxidation state?



- A Fe<sup>3+</sup> only
- B Fe<sup>2+</sup> (ferrous)
- C Fe<sup>0</sup> (metallic iron)
- D Any oxidation state equally
- E Iron is not involved in oxygen binding





4 The oxygen–hemoglobin dissociation curve is sigmoidal (S-shaped) primarily because hemoglobin shows:



- A Simple diffusion of  $O_2$  through the membrane
- B Cooperative binding: binding of one  $O_2$  increases affinity for the next  $O_2$
- C ATP production by red blood cells
- D  $O_2$  binding only in the lungs and never in tissues
- E Irreversible binding of  $O_2$  to heme

5 Which statement best describes cooperative binding in hemoglobin?



- A Hemoglobin binds four  $O_2$  molecules at exactly the same strength, regardless of how many are already bound.
- B Binding of the first  $O_2$  decreases the affinity of hemoglobin for the remaining  $O_2$  molecules.
- C Binding of one  $O_2$  increases hemoglobin's affinity for additional  $O_2$  molecules.
- D Only myoglobin shows cooperativity; hemoglobin does not.
- E Cooperativity means hemoglobin binds  $CO_2$  more strongly than  $O_2$ .

6 Compared with hemoglobin, myoglobin is BEST described as:



- A A tetramer with a sigmoidal binding curve
- B A monomer with a hyperbolic binding curve and generally higher  $O_2$  affinity
- C A monomer that shows strong cooperativity
- D A protein that carries oxygen only in the blood plasma
- E A protein found only in red blood cells





**7** The Bohr effect (Bohr shift) refers to the phenomenon that increasing CO<sub>2</sub> or H<sup>+</sup> (lower pH) causes hemoglobin to:



- A Bind O<sub>2</sub> more tightly (left shift)
- B Bind O<sub>2</sub> less tightly (right shift), promoting O<sub>2</sub> release in tissues
- C Carry more O<sub>2</sub> by increasing the number of heme groups
- D Stop binding CO<sub>2</sub> entirely
- E Become unable to bind any gases

**8** A RIGHT shift of the oxygen–hemoglobin dissociation curve means that at a given partial pressure of oxygen (pO<sub>2</sub>), hemoglobin will have:



- A Higher saturation (more O<sub>2</sub> bound)
- B Lower saturation (less O<sub>2</sub> bound)
- C Exactly the same saturation, but faster diffusion
- D No binding to O<sub>2</sub> at all
- E Higher affinity and stronger binding

**9** A LEFT shift of the oxygen–hemoglobin dissociation curve most directly indicates:



- A Decreased O<sub>2</sub> affinity and easier unloading
- B Increased O<sub>2</sub> affinity and harder unloading in tissues
- C No change in affinity, only change in hemoglobin amount
- D Less cooperativity





- E More oxygen binding sites per hemoglobin molecule

**10** During intense exercise in muscle,  $\text{CO}_2$  production increases and pH may decrease (lactic acid). What is the expected effect on hemoglobin's  $\text{O}_2$  affinity in that muscle?



- A Affinity increases;  $\text{O}_2$  unloading decreases (left shift)
- B Affinity decreases;  $\text{O}_2$  unloading increases (right shift)
- C Affinity becomes zero; no  $\text{O}_2$  can bind anywhere
- D Hemoglobin becomes identical to myoglobin
- E There is no effect of pH on oxygen binding

**11** Which situation most likely causes a LEFT shift of the oxygen–hemoglobin dissociation curve?



- A Increased  $\text{CO}_2$  in tissues
- B Decreased pH (acidosis)
- C Increased body temperature
- D Decreased  $\text{CO}_2$  and increased pH (alkalosis)
- E Increased 2,3-BPG in red blood cells

**12** A patient is hyperventilating due to anxiety. Their blood  $\text{CO}_2$  falls and blood pH rises (respiratory alkalosis). What is the most likely effect on  $\text{O}_2$  delivery to tissues?





- A Improved  $O_2$  unloading because the curve shifts right
- B Reduced  $O_2$  unloading because the curve shifts left
- C No change because pH never affects hemoglobin
- D Hemoglobin releases all its oxygen immediately
- E Hemoglobin can bind only 2  $O_2$  molecules in alkalosis

13 Which statement about fetal hemoglobin (HbF) is correct?



- A HbF has lower  $O_2$  affinity than adult hemoglobin, helping it release  $O_2$  to the fetus.
- B HbF has higher  $O_2$  affinity than adult hemoglobin, helping it take  $O_2$  from maternal blood.
- C HbF contains no heme groups.
- D HbF is a single-chain protein like myoglobin.
- E HbF cannot bind oxygen until after birth.

14 Which subunit composition is correct for normal ADULT hemoglobin (HbA) and FETAL hemoglobin (HbF)?



- A HbA = 2 2; HbF = 2 2
- B HbA = 2 2; HbF = 2 2
- C HbA = 4; HbF = 4
- D HbA = 2 2 only; HbF = 2 2
- E HbA = 1 1; HbF = 1 1





15 The term P50 (in hemoglobin physiology) refers to:

- A The  $pO_2$  at which hemoglobin is 50% saturated
- B The pH at which hemoglobin releases 50% of its oxygen
- C The percent of oxygen in the atmosphere at sea level
- D The number of amino acids in a hemoglobin subunit
- E The pressure of  $CO_2$  in venous blood



16 If the oxygen–hemoglobin dissociation curve shifts RIGHT, what happens to P50?

- A P50 decreases
- B P50 increases
- C P50 becomes zero
- D P50 has no relationship to curve shifts
- E P50 changes only with hemoglobin concentration, not affinity



17 Carbon monoxide (CO) poisoning reduces oxygen delivery to tissues mainly because CO:

- A Destroys red blood cells immediately
- B Binds hemoglobin strongly and also makes remaining sites hold  $O_2$  more tightly (left shift)
- C Increases 2,3-BPG binding and shifts the curve right
- D Turns hemoglobin into myoglobin
- E Replaces iron with calcium in heme





**18** A patient has anemia (low hemoglobin concentration). Which statement is MOST accurate about their arterial oxygen saturation ( $\text{SaO}_2$ ) vs oxygen content?



- A  $\text{SaO}_2$  must be low, and oxygen content must be normal
- B  $\text{SaO}_2$  can be normal, but oxygen content can be low because there is less hemoglobin to carry  $\text{O}_2$
- C  $\text{SaO}_2$  and oxygen content are always identical measurements
- D Oxygen content increases because each hemoglobin binds extra  $\text{O}_2$
- E Anemia has no effect on oxygen delivery because dissolved  $\text{O}_2$  is enough

**19** Most oxygen in blood is transported:



- A Dissolved in plasma
- B Bound reversibly to hemoglobin in red blood cells
- C As bicarbonate ( $\text{HCO}_3^-$ )
- D Bound to albumin
- E In the form of glucose

**20** Most carbon dioxide ( $\text{CO}_2$ ) in blood is transported to the lungs mainly as:



- A  $\text{CO}_2$  dissolved directly in plasma
- B Carbon monoxide (CO)
- C Bicarbonate ions ( $\text{HCO}_3^-$ )
- D Oxygen bound to hemoglobin
- E Glucose bound to albumin





21 The enzyme in red blood cells that rapidly converts  $\text{CO}_2$  and water into carbonic acid (which then forms  $\text{H}^+$  and  $\text{HCO}_3^-$ ) is:



- A Amylase
- B Carbonic anhydrase
- C Acetylcholinesterase
- D DNA polymerase
- E ATP synthase

22 Carbaminohemoglobin refers to  $\text{CO}_2$  bound to which part of hemoglobin?



- A The iron ( $\text{Fe}^{2+}$ ) in the heme group
- B The globin (protein) chains, not the heme iron
- C The red blood cell membrane
- D The phosphate group of ATP
- E The plasma protein albumin

23 At the level of tissues, the Bohr effect is useful because it:



- A Prevents oxygen release where  $\text{CO}_2$  is high
- B Promotes oxygen release where  $\text{CO}_2$  is high and pH is low
- C Forces hemoglobin to bind oxygen covalently
- D Stops  $\text{CO}_2$  production in cells
- E Converts  $\text{CO}_2$  into  $\text{O}_2$





24 Sickle cell disease is caused by hemoglobin molecules that tend to:



- A Bind oxygen irreversibly in the lungs
- B Polymerize when deoxygenated, distorting red blood cells into a sickle shape
- C Lose their heme groups at high oxygen levels
- D Convert oxygen into carbon dioxide
- E Become soluble only at low temperatures

25 The most common mutation underlying sickle cell disease is best described as:



- A A large deletion removing the entire  $\beta$ -globin gene
- B A point mutation causing a single amino acid substitution in the  $\beta$ -globin chain
- C A chromosome duplication that doubles hemoglobin subunits
- D A mutation that changes iron ( $\text{Fe}^{2+}$ ) into  $\text{Fe}^{3+}$  permanently
- E A mutation in mitochondrial DNA

26 Why is deoxygenation especially important in triggering sickling in sickle cell disease?



- A Oxygenated HbS is more likely to polymerize than deoxygenated HbS
- B Deoxygenated HbS exposes regions that promote hemoglobin–hemoglobin sticking (polymer formation)
- C Low oxygen directly breaks red blood cells apart by osmosis
- D Deoxygenation removes iron from heme





- E Deoxygenation prevents hemoglobin from being a tetramer

**27** Which factor would MOST likely shift the oxygen–hemoglobin dissociation curve to the RIGHT (promoting O<sub>2</sub> release)?



- A Decreased temperature
- B Decreased CO<sub>2</sub>
- C Increased pH (alkalosis)
- D Increased temperature and increased CO<sub>2</sub> in tissues
- E Fetal hemoglobin replacing adult hemoglobin

**28** Which statement best explains why hemoglobin's cooperativity is useful for oxygen transport?



- A It makes hemoglobin bind O<sub>2</sub> equally well at all pO<sub>2</sub> values, so delivery is constant everywhere
- B It allows high saturation at high pO<sub>2</sub> (lungs) but significant unloading with small pO<sub>2</sub> drops in tissues
- C It prevents any oxygen unloading until hemoglobin is completely full
- D It makes hemoglobin a better oxygen storage molecule than myoglobin
- E It removes the need for a pressure gradient

**29** At very low tissue pO<sub>2</sub>, myoglobin remains more saturated with O<sub>2</sub> than hemoglobin. The best explanation is that myoglobin:



- A Has multiple subunits that increase affinity when O<sub>2</sub> binds





- B** Has a higher  $O_2$  affinity and does not show cooperativity, so it holds onto  $O_2$  at low  $pO_2$
- C** Cannot bind  $O_2$  at all, so its saturation is irrelevant
- D** Binds  $O_2$  only when  $CO_2$  is high
- E** Is found only in blood, so it must stay saturated

**30** Which paired change would most likely **REDUCE** oxygen unloading in tissues (make hemoglobin hold onto oxygen more strongly)?



- A** Increased  $CO_2$  and decreased pH
- B** Increased temperature and increased  $CO_2$
- C** Decreased  $CO_2$  and increased pH
- D** Decreased pH and increased 2,3-BPG
- E** Increased  $CO_2$  and increased 2,3-BPG





| #  | Ans | Answer Text   |
|----|-----|---|
|    | B   |   |
| 2  | D   | 4   |
|    | B   |   |
| 4  | B   | Cooperative binding: binding of one O <sub>2</sub> increases affinity for the next O... |
|    | C   |   |
| 6  | B   | A monomer with a hyperbolic binding curve and generally higher O <sub>2</sub> affini... |
|    | B   |   |
| 8  | B   | Lower saturation (less O <sub>2</sub> bound)  |
|    | B   |   |
| 10 | B   | Affinity decreases; O <sub>2</sub> unloading increases (right shift)                    |
|    | D   |   |
| 12 | B   | Reduced O <sub>2</sub> unloading because the curve shifts left                          |
|    | B   |   |
| 14 | B   | HbA = 2 2; HbF = 2 2  |
|    | A   |   |
| 16 | B   | P50 increases   |
|    | B   |   |
| 18 | B   | SaO <sub>2</sub> can be normal, but oxygen content can be low because there is less ... |
|    | B   |   |
| 20 | C   | Bicarbonate ions (HCO <sub>3</sub> <sup>-</sup> )                                       |
|    | B   |   |
| 22 | B   | The globin (protein) chains, not the heme iron  |
|    | B   |   |
| 24 | B   | Polymerize when deoxygenated, distorting red blood cells into a sickle s...             |
|    | B   |   |
| 26 | B   | Deoxygenated HbS exposes regions that promote hemoglobin-hemoglobin stic...             |
|    | D   |   |
| 28 | B   | It allows high saturation at high pO <sub>2</sub> (lungs) but significant unloading ... |
|    | B   |   |
| 30 | C   | Decreased CO <sub>2</sub> and increased pH  |

